SAFETY NEWS

Department of Space | Facilities | Safety

Safety Reminders

Stay Safe in the Lab:

It may be tempting to wear shorts, sandals, etc in the warmer weather, but please remember that appropriate lab attire and PPE provide protection from potentially harmful materials and processes in the lab.

http://ehs.uky.edu/ohs/ ppe.html

Remember to update your lab safety training. Please use the below link for reminders about what trainings to complete and how often to update them:

https://www.as.uky.edu/ training-requirements

Safely Walking Around Campus:

Please stay alert and be aware when walking across campus. Don't use headphones that block out surrounding sounds and watch your step as there is lots of ongoing construction across all of campus.



What are your odds of dying from...?

A National Safety Month article from the National Safety Council

The List...

Understanding the risk that employees find on their jobs is very important and even more important is how they avoid them. By helping them understand the high and more common risks associated with their



daily lives, it can help focus resources and time allotment on their prevention.

Here are some key comparisons of lifetime odds of dying from common activities:

• Motor vehicle crash (1-in-112) vs. commercial airplane crash (1-in-96,566)

Spring 2015



CPR/First Aid/AED certification:

In partnership with the safety office at CAER, we are now offering CPR/First Aid/AED certification. This full day class will be held as time and interest permit. If you and/or group are interested in attending, please contact Jay Young: <u>jay.young@uky.edu</u> for scheduling.

National Safety Council

The NSC saves lives by preventing injuries and deaths at work, in homes and communities, and on the roads through leadership, research, education and advocacy.

Consider these facts:

- 25% of all emergency room visits can be avoided with basic first aid and CPR certification
- Sudden cardiac arrest represents 13% of all workplace deaths
- Nearly 5 million workers were injured on the job in 2012, costing companies \$198.2 billion
- 75% of all out-of-hospital heart attacks happen at home

- Overdosing on opioid prescription painkillers (1-in-234) vs. being electrocuted (1-in-12,200)
- Falling (1-in-144) vs. a catastrophic storm (1-in-6,780)



• Being a passenger in a car (1-in-470) vs. a lightning strike (1-in-164,968)

• Walking along or crossing the street (1in-704) vs. a bee, wasp or hornet sting (1in-55,764), and

• Complications from surgical or medical are (1-in-1,532) vs. an earthquake (1-in-179,965).

"Americans worry about the wrong things," said Deborah Hersman, CEO of the National Safety Council. "For example, 865 times more people are killed in motor vehicle crashes than in commercial plane crashes.

"While 'San Andreas' was No. 1 at the box office, earthquakes are very rare events," Hersman noted.

The NSC says making safe decisions can reduce the risks of being killed in preventable incidents.

For example, wearing a seat belt, turning off cell phones and designating a sober driver greatly reduce the risk of a fatal car crash.

Another example: Avoiding prescription painkillers in favor of safer alternatives will reduce the likelihood of a fatal overdose or a lifetime of addiction.

http://www.safetynewsalert.com/what-are-your-odds-of-dying-from/

